

Back-to-School Grocery List

BECAUSE I SAID SO, BABY LLC | FOR PERSONAL USE ONLY

STOCK THE FREEZER

- FISH STICKS
- CHICKEN NUGGETS
- FROZEN PIZZA
- FROZEN FRENCH FRIES
- FROZEN RAVIOLI OR TORTELLINI
- FROZEN MEATBALLS
- MIXED VEGGIES
- CAULIFLOWER RICE
- PRE-CHOPPED BROCCOLI, CAULIFLOWER, GREEN BEANS, PEAS
- VEGGIES MADE GREAT MUFFINS
- EARTH'S BEST MINI PANCAKES & WAFFLES
- JONES DAIRY FARM BREAKFAST SAUSAGE
- FROZEN FRUIT - MANGO CHUNKS, BLUEBERRIES, RASPBERRIES, STRAWBERRIES
- FREEZER BURRITOS (FOR MOM)

BUY & FREEZE

- TORTILLAS
- BAGELS
- ENGLISH MUFFINS
- SANDWICH BREAD
- CHICKEN BREASTS
- GROUND CHICKEN / GROUND TURKEY / GROUND BEEF
- BACON / TURKEY BACON
- BANANAS (FOR SMOOTHIES)
- GRANOLA
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SNACKS

- LARABAR KIDS
- MADEGOOD GRANOLA BARS
- ENJOYLIFE BARS
- MADEGOOD COOKIES
- BITSY'S COOKIES
- ANNIE'S BUNNY GRAHAMS
- ENJOYLIFE COOKIES
- SIMPLE MILLS CRACKERS
- ANNIE'S CHEDDAR BUNNIES
- GOLDFISH
- BITSY'S CRACKERS
- PEELED SNACKS PEA PUFFS
- LATE JULY PEANUT BUTTER CRACKERS
- GOGO SQUEEZ
- SIGGIS YOGURT DRINKS OR POUCHES
- STONYFIELD ORGANIC YOGURT (CUPS, POUCHES, SMOOTHIES)
- STONYFIELD DAIRY-FREE SMOOTHIES
- ORGANIC VALLEY OR HORIZON ORGANIC STRING CHEESE
- SARGENTO CHEESE STICKS
- BABYBEL CHEESE
- TILLAMOOK CHEDDAR SQUARES
- ANNIE'S BUNNIES FRUIT SNACKS
- DOLE FRUIT CUPS IN 100% JUICE
- THAT'S IT FRUIT BAR
- DRIED BLUEBERRIES OR RAISINS
- UNSWEETENED APPLESAUCE CUPS
- CRUNCHIES OR TRADER JOE'S FREEZE-DRIED FRUIT
- WHOLLY GUACAMOLE INDIVIDUAL PACKS
- SABRA HUMMUS INDIVIDUAL PACKS
- JUSTIN'S NUT BUTTER INDIVIDUAL PACKETS

PANTRY STAPLES

- PEANUT BUTTER / NUT BUTTERS
- JELLY / JAM
- SANDWICH BREAD
- ROLLED OATS / QUICK OATS
- KODIAK MUFFIN MIX
- BOB'S RED MILL PANCAKE MIX
- ENJOY LIFE MINI CHOCOLATE CHIPS
- ANNIE'S MAC & CHEESE (CUPS & BOXES)
- BARILLA READY PASTA PACKS
- SEEDS OF CHANGE RICE PACKS
- CANNED BEANS - PINTO, BLACK, CHICK PEAS, REFRIED
- RICE
- PESTO & MARINARA SAUCE
- DITALINI OR ELBOWS (SMALL SHAPES FOR LUNCHES)
- HORIZON ORGANIC SHELF-STABLE INDIVIDUAL MILKS
- BANANAS

FRIDGE STAPLES

- SLICED CHEESE (FOR SANDWICHES)
- DELI MEAT
- HUMMUS
- EGGS
- CREAM CHEESE
- MILK (DAIRY OR NUT MILK)
- BUTTER (STICKS & TUB)
- CUCUMBERS, BELL PEPPERS, BABY CARROTS, CELERY STICKS
- APPLES, BLUEBERRIES, STRAWBERRIES, GRAPES (HALVED UNDER 4)
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Weekly Meal Plan

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