

Summer Menu Ideas

Breakfast + Morning Snack



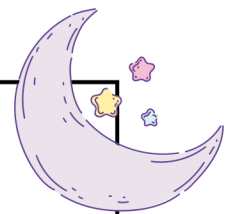
<ul style="list-style-type: none">• Sheet pan pancakes• Mini egg muffins or waffle maker eggs• Scrambled eggs or hard-boiled eggs• Bacon, breakfast sausage, avocado, fruit, canned biscuits, mini muffins, yogurt, baked oatmeal	<p>Morning Snacks</p> <ul style="list-style-type: none">• Fruit• Cheese stick• Yogurt & granola• Mini muffins• Cheese & crackers• Apple & peanut butter• Bar (Larabar, Zbar, MadeGood bar or cookies)
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Afternoon + Snack



<ul style="list-style-type: none">• Turkey & cheese sandwich or roll-up• Cream cheese & cucumber sandwich or bagel• Tuna salad, chicken salad or egg salad• Taquitos or quesadillas	<p>Afternoon Snacks</p> <ul style="list-style-type: none">• Snack tray (charcuterie)• Snack box (hummus, pretzels, fruit, cheese)• Bar (Larabar, Zbar, MadeGood bar or cookies)• Veggies + dip• Chips + salsa or guac
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Dinner + Dessert



<ul style="list-style-type: none">• Make-your-own pizza• Grilling night: chicken, burgers, hot dogs, etc.• Rice & beans• Taquitos, quesadillas, or burritos• Sheet pan nachos• Mac & cheese or pasta	<p>Dessert Ideas</p> <ul style="list-style-type: none">• S'mores• Make-your-own ice cream sundae bar• Homemade fruit popsicles (blended fruit & lime juice)• Break-n-bake cookies
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